



# Women's Health

**Violence Against Women**

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# 01 Background and History

# Background and History

Being a man or woman greatly impacts your health and the health services you have access to.

We need to focus more of our attention and resources on improving women's health across the globe. The maternal mortality rate in Afghanistan is 1/11, while it is 1/17800 in Ireland!

In third-world countries such as Afghanistan, social norms and gender roles limit opportunities for education and jobs for women, resulting in destitute living conditions and an inability to afford adequate healthcare.

Fortunately, between 2000 and 2020, the maternal mortality ratio dropped by about 34% (per 100,000 live births) worldwide. This is a good sign and we need to keep working to acquire equitable healthcare for women where it is needed.



**02**

**PESTLE and  
Required  
Resources**

## Political

Many developing countries limit the freedom of woman, and their access to basic needs, such as healthcare and education.

An example of this is the Taliban in Afghanistan. It is strictly prohibited for women and girls to access public spaces, and also requires them to be accompanied by a man when in public.

Furthermore, the political standpoint of many countries is against the freedom of woman, and many governments are unstable and corrupted, which is detrimental to the situation.

## Economic

Women may face isolation, unemployment, lack of income, inability to participate in regular events, and can not properly care for their children.

# Social

As previously mentioned, social norms hinder the ability for women to find a job and live an independent life.

Historically, women have been considered weaker than men and men have been considered to be the “head of the family” and have total control over the household.

In some parts of the world where this ideology is still prevalent, this leads to women having no control over what the men do and are unable to resist when men turn violent against them.

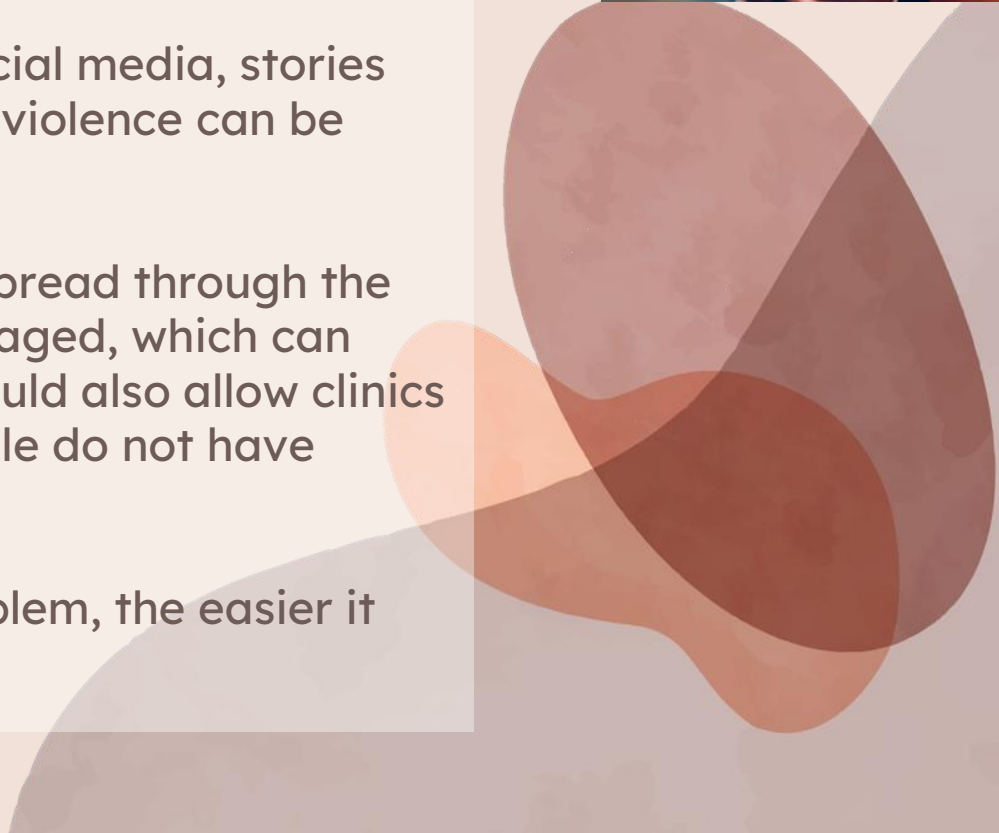


# Technological

With recent technologies such as social media, stories from women who have experienced violence can be shared easily to millions of people.

Awareness of this situation can be spread through the media and donations can be encouraged, which can help reduce poverty. This funding could also allow clinics to be set up in countries where people do not have access to this privilege.

With more people aware of this problem, the easier it will be to solve it.

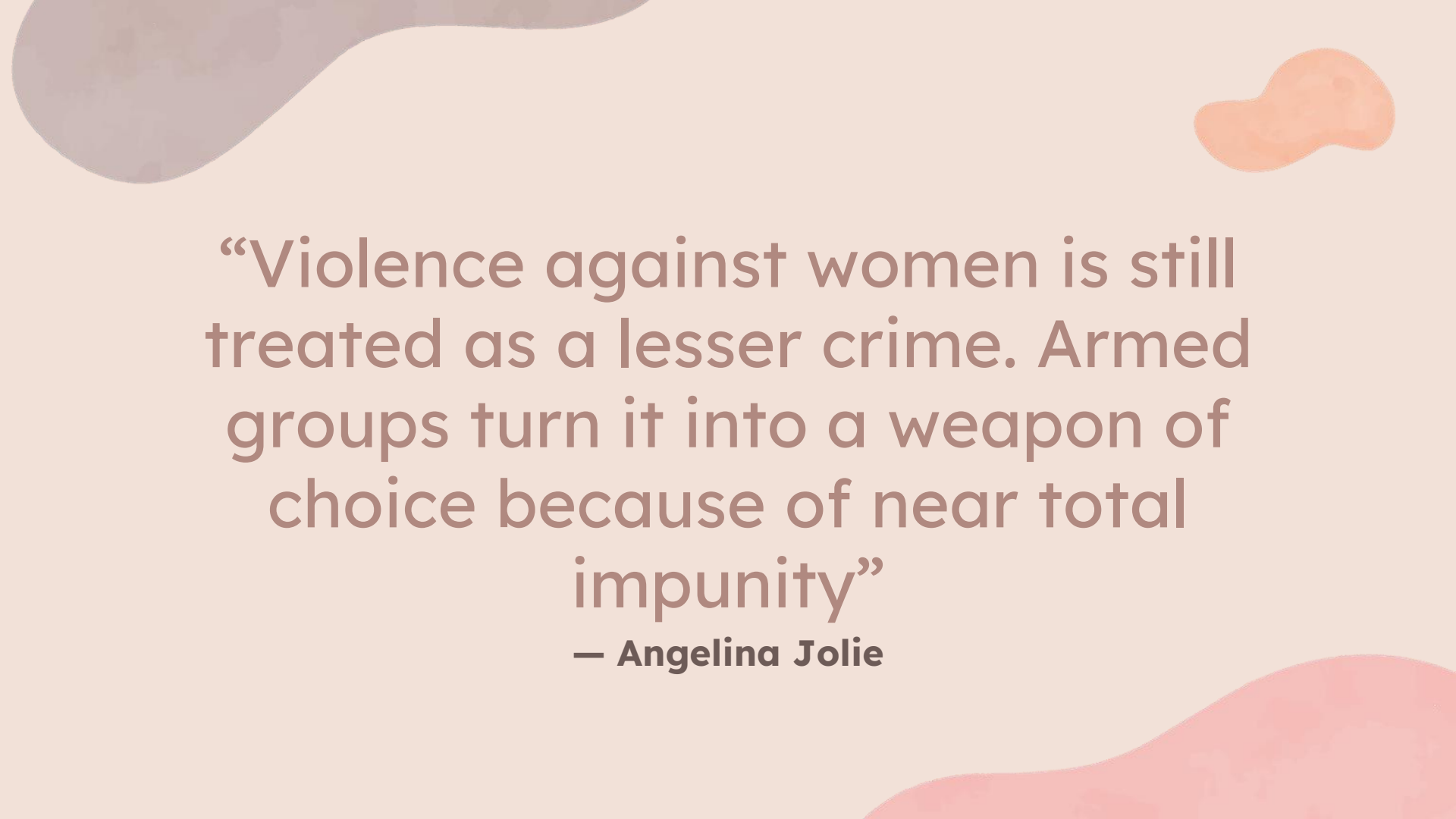




## Legal

Weak legal sanctions for sexual violence allow violence against women to happen because those who perform these acts against women do not face severe consequences for their actions.

Therefore, we need to advocate for more serious consequences for their actions.



“Violence against women is still treated as a lesser crime. Armed groups turn it into a weapon of choice because of near total impunity”

— **Angelina Jolie**

# Environmental

Violence against women often goes unnoticed and women sometimes do not realize that the violence is not normal.

This can be because of exposure to childhood maltreatment, lower levels of education for women, and gender inequality within the community.

Some people feel uncomfortable to share their emotions and open up to people, which just leads to it building up inside them, causing depression and possibly suicide.

# Required Resources

- Access to education in developing countries
- Independence and ability to live freely
- Healthcare (including therapy and medicine) for victims of violence. Doctors and clinics need to be available for people living in poor places with no such privilege.
- Advocacy, spreading awareness (media, ads), encouraging donations, to help reduce extreme poverty.



**03**

**Data &  
Statistics**

The infographic features a light beige background with several abstract, organic shapes in shades of orange, pink, and grey. The shapes are scattered across the page, with some larger ones on the left and right sides, and smaller ones in the upper and lower corners. The text is centered and uses a clean, sans-serif font.

# 44%

Of women who have been in an intimate relationship have experienced some sort of psychological, physical or sexual abuse over their lifetime.

# > 1,100,000,000

Women between the ages of 15 - 49 in the world experience sexual/physical violence at least once in their life

# 38%

Of all murders of women are committed by intimate partners.

## WHAT ABOUT THESE PERCENTAGES?

A circular infographic showing 80% of a circle filled with a dark brown color. The percentage '80%' is written in white inside a dark brown circle in the center. A thin black line extends from the bottom of the central circle.

**80%**

Of victims of police  
reported intimate  
partner violence  
were women

A circular infographic showing 48% of a circle filled with a dark brown color. The percentage '48%' is written in white inside a dark brown circle in the center. A thin black line extends from the bottom of the central circle.

**48%**

Of women also  
experience  
psychological  
abuse by intimate  
partners globally

A circular infographic showing 76% of a circle filled with a dark brown color. The percentage '76%' is written in white inside a dark brown circle in the center. A thin black line extends from the bottom of the central circle.

**76%**

Of all domestic  
violence is against  
women



# 04 Local & Global Challenges



## Local

- If you are not a government or sponsor funded refugee, then you are on your own. This is called being a refugee claimant.
- Refugee claimants are in Canada, but not yet recognized as a refugee, so they do not get an OHIP card, or any other assistance from the government.
- Refugees with intersecting identities may be treated unfairly in healthcare centres

## Global

- There is stigma about opening up about domestic abuse
- Violence against women may be the norm for some communities
- Talking about and standing up to eliminate violence against women may be frowned upon in more religious countries



**05**

**Community  
Partnerships and  
Next Steps**

## What ALL OF US can do to help

- Donate to foundations that help set up clinics and medical sites that can provide equitable healthcare for women and everyone.
- Spread awareness about violence against women in your communities and on media.
- Inform people about crisis lines for women such as Assaulted Women's Helpline (416-863-0511 in Ontario)
- School programmes to increase child knowledge of gender equality, outdated social and gender norms, and how unacceptable violence against women is.

## Community Partnerships

- Partner with doctors and therapists who have experience treating women who are victims of violence
- Speak with people who work at women's clinics
- Encourage these women to share their stories so that other women can feel heard and not alone.
  
- The World Health Organisation has a project called RESPECT which was put in place to support women. This project was placed based on proven research.

# UN FRAMEWORK FOR ACTION TO PREVENT VIOLENCE AGAINST WOMEN

**R** - *RELATIONSHIP SKILLS STRENGTHENED*

**E** - *EMPOWERMENT OF WOMEN*

**S** - *SERVICES ENSURED*

**P** - *PREVALENCE OF VIOLENCE REDUCED*

**E** - *ENVIRONMENTS MADE SAFE*

**C** - *CHILD AND ADOLESCENT ABUSE PREVENTED*

**T** - *TRANSFORMED ATTITUDES, BELIEFS, AND NORMS*



# Sources

<https://www.who.int/news-room/fact-sheets/detail/violence-against-women>

<https://newcanadianmedia.ca/>

**THANKS  
FOR  
LISTENING**

